

# TRINITY LUTHERAN CHURCH

Hayfield, Minnesota

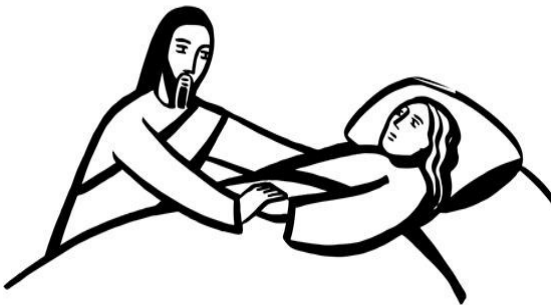
Rev. Kristen Anderson, Pastor

Denise Phillippe, Director of Christian Education

Fifth Sunday after Epiphany

9:00am

February 4, 2024



## Welcome to Worship at Trinity!

In Isaiah, the one God who sits above the earth and numbers the stars also strengthens the powerless. So in Jesus' healing work, we see the hand of the creator God, lifting up the sick woman to health and service (*diakonia*). Like Simon's mother-in-law, we are lifted up and healed to serve. Following Jesus, we strengthen the powerless; like Jesus, we seek to renew our own strength in quiet times of prayer.

**Musician:** Judy Follmuth

**Lector:** Randy Benson

**Ushers:** Hollis Holtan, Jim Burmeister, and Linda Koski

**Communion Assistant:** Jim Burmeister

**Acolytes:** Mason Woslager  
Noah Shadow

**Videographer:** Drew Slaathaug

## **January Attendance**

January 7 116

January 14 No Service

January 21 73

January 28 92

## **Trinity Mission Statement**

*To proclaim God's grace in Christ through Word and Sacrament; To nurture faith through Christian education and fellowship; and To bring the Gospel to the world community through Christian witness, sacrifice, and love.*

## GATHERING

\*Stand if able

### **PRELUDE**

### **WELCOME & ANNOUNCEMENTS**

#### **\* CONFESSION**

*All may make the sign of the cross, the sign that is marked at baptism, as the presiding minister begins.*

Blessed be the holy Trinity, one God,  
creator of darkness and light,  
word of truth,  
wind sweeping over the waters.

**Amen.**

Let us confess our sin in the presence of God and of one another.

*Silence is kept for reflection.*

God, our rock and refuge,  
**we pour out our hearts before you.**  
**We have known you but have not always loved you.**  
**We have wounded one another**  
**and sinned against you.**  
**We have not always recognized the Holy Spirit**  
**dwelling in each of us.**  
**Remember your covenant.**  
**Renew your creation.**  
**Restore us,**  
**that we might proclaim your good news to all.**  
**Amen.**

## **FORGIVENESS**

The voice of the Lord is upon the waters.

God has spoken:

The time of grace is now.

In Jesus, the reign of God has come near.

By the authority of Jesus Christ,

your sins are forgiven.

You are God's beloved.

**Amen.**

<b>* <u>GATHERING HYMN:</u></b>	<b>“Praise the One Who Breaks the Darkness”</b>	<b>#843</b>
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### **\*APOSTOLIC GREETING:**

**P:** The grace of our Lord Jesus Christ, the love of God and the Communion of the Holy Spirit be with you all.

**C: And also with you.**

<b>* <u>KYRIE:</u></b>	<b>p.184-185</b>
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### **\*PRAYER OF THE DAY**

**Everlasting God, you give strength to the weak and power to the faint. Make us agents of your healing and wholeness, that your good news may be made known to the ends of your creation, through Jesus Christ, our Savior and Lord.**

**Amen.**

## WORD

### FIRST READING: **Isaiah 40:21-31**

- <sup>21</sup>Have you not known? Have you not heard?  
Has it not been told you from the beginning?  
Have you not understood from the foundations of the earth?
- <sup>22</sup>It is he who sits above the circle of the earth,  
and its inhabitants are like grasshoppers;  
who stretches out the heavens like a curtain,  
and spreads them like a tent to live in;
- <sup>23</sup>who brings princes to naught,  
and makes the rulers of the earth as nothing.
- <sup>24</sup>Scarcely are they planted, scarcely sown,  
scarcely has their stem taken root in the earth,  
when he blows upon them, and they wither,  
and the tempest carries them off like stubble.
- <sup>25</sup>To whom then will you compare me,  
or who is my equal? says the Holy One.
- <sup>26</sup>Lift up your eyes on high and see:  
Who created these?  
He who brings out their host and numbers them,  
calling them all by name;  
because he is great in strength,  
mighty in power,  
not one is missing.
- <sup>27</sup>Why do you say, O Jacob,  
and speak, O Israel,  
“My way is hidden from the LORD,  
and my right is disregarded by my God”?
- <sup>28</sup>Have you not known? Have you not heard?  
The LORD is the everlasting God,  
the Creator of the ends of the earth.  
He does not faint or grow weary;  
his understanding is unsearchable.
- <sup>29</sup>He gives power to the faint,  
and strengthens the powerless.
- <sup>30</sup>Even youths will faint and be weary,  
and the young will fall exhausted;
- <sup>31</sup>but those who wait for the LORD shall renew their strength,  
they shall mount up with wings like eagles,  
they shall run and not be weary,  
they shall walk and not faint.

Psalm: **Psalm 147:1-11, 20c**

- L <sup>1</sup> Hallelujah! How good it is to sing praises to our God!  
How pleasant it is to honor God with praise!
- C <sup>2</sup> **The LORD rebuilds Jerusalem, and gathers the exiles of Israel.**
- L <sup>3</sup> The LORD heals the brokenhearted  
and binds up their wounds.
- C <sup>4</sup> **The LORD counts the number of the stars  
and calls them all by their names.**
- L <sup>5</sup> Great is our LORD and mighty in power;  
there is no limit to God's wisdom.
- C <sup>6</sup> **The LORD lifts up the lowly, but casts the wicked to the ground.**
- L <sup>7</sup> Sing to the LORD with thanksgiving;  
make music upon the harp to our God,
- C <sup>8</sup> **who covers the heavens with clouds  
and prepares rain for the earth,  
making grass to grow upon the mountains.**
- L <sup>9</sup> God provides food for the cattle and for the young ravens when they cry.
- C <sup>10</sup> **God is not impressed by the might of a horse,  
and has no pleasure in the speed of a runner,**
- L <sup>11</sup> but finds pleasure in those who fear the LORD,  
in those who await God's steadfast love.
- C <sup>20c</sup> **Hallelujah!**

SECOND READING: **1 Corinthians 9:16-23**

<sup>16</sup>If I proclaim the gospel, this gives me no ground for boasting, for an obligation is laid on me, and woe to me if I do not proclaim the gospel! <sup>17</sup>For if I do this of my own will, I have a reward; but if not of my own will, I am entrusted with a commission. <sup>18</sup>What then is my reward? Just this: that in my proclamation I may make the gospel free of charge, so as not to make full use of my rights in the gospel.

<sup>19</sup>For though I am free with respect to all, I have made myself a slave to all, so that I might win more of them. <sup>20</sup>To the Jews I became as a Jew, in order to win Jews. To those under the law I became as one under the law (though I myself am not under the law) so that I might win those under the law. <sup>21</sup>To those outside the law I became as one outside the law (though I am not free from God's law but am under Christ's law) so that I might win those outside the law. <sup>22</sup>To the weak I became weak, so that I might win the weak. I have become all things to all people, that I might by all means save some. <sup>23</sup>I do it all for the sake of the gospel, so that I may share in its blessings.

L: The Word of the Lord

C: Thanks be to God

## CHILDREN'S SERMON

### GOSPEL: **Mark 1:29-39**

P: The Gospel according to Mark

C: **Glory to you, O Lord**

<sup>29</sup>As soon as [Jesus and the disciples] left the synagogue, they entered the house of Simon and Andrew, with James and John. <sup>30</sup>Now Simon's mother-in-law was in bed with a fever, and they told him about her at once. <sup>31</sup>He came and took her by the hand and lifted her up. Then the fever left her, and she began to serve them.

<sup>32</sup>That evening, at sunset, they brought to him all who were sick or possessed with demons. <sup>33</sup>And the whole city was gathered around the door. <sup>34</sup>And he cured many who were sick with various diseases, and cast out many demons; and he would not permit the demons to speak, because they knew him.

<sup>35</sup>In the morning, while it was still very dark, he got up and went out to a deserted place, and there he prayed. <sup>36</sup>And Simon and his companions hunted for him. <sup>37</sup>When they found him, they said to him, "Everyone is searching for you." <sup>38</sup>He answered, "Let us go on to the neighboring towns, so that I may proclaim the message there also; for that is what I came out to do." <sup>39</sup>And he went throughout Galilee, proclaiming the message in their synagogues and casting out demons.

P: The Word of the Lord

C: **Praise to you, O Christ**

### SERMON:

"Going On"

Pastor Kristen Anderson

<u>HYMN OF THE DAY:</u>	"On Eagles Wings"	#787
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\***APOSTLE'S CREED**

p105

\***PRAYERS OF THE CHURCH**

## MEAL

**OFFERING/CHILDREN'S NOISY OFFERING**

**\*Offertory:** “*Let The Vineyards be Fruitful, Lord*”

LET THE VINEYARDS BE FRUITFUL, LORD,  
AND FILL TO THE BRIM OUR CUP OF BLESSING.  
GATHER A HARVEST FROM THE SEEDS THAT WERE SOWN,  
THAT WE MAY BE FED WITH THE BREAD OF LIFE.  
GATHER THE HOPES AND DREAMS OF ALL;  
UNITE THEM WITH THE PRAYERS WE OFFER NOW.  
GRACE OUR TABLE WITH YOUR PRESENCE,  
AND GIVE US A FORETASTE OF THE FEAST TO COME.

**\* WORDS OF INSTITUTION**

**\* LORD’S PRAYER**

**DISTRIBUTION OF HOLY COMMUNION**

*(All are invited to receive the Sacrament today...the Bread of Life from heaven! If you prefer juice (instead of wine) or a gluten-free wafer (instead of bread), please let the server know. Let the usher know if you’d like Communion brought to your pew.)*

**HYMN DURING DISTRIBUTION:**

“What a Friend We Have in Jesus”

# 742

**\*COMMUNION BLESSING**

**\*THE BENEDICTION**

**SENDING**

**\* SENDING HYMN:**

“Rise, Shine, You People!”

#665

**\* OUR MISSION:**

**P: GO IN PEACE AND SERVE THE LORD!**

**C: THANKS BE TO GOD!**

**POSTLUDE**

## ***ANNOUNCEMENTS***

### **CONGRATULATIONS to our 2024 Church Council!**

John Schmeling	President
Amber Bolles	Vice President
Corey Wagner	Secretary
Jim Burmeister	Board of Finance
Jeff Tank	Board of Properties
Melanie Dobson	Board of Youth Ministry
Holli Nelson	Board of Youth Ministry
Liz Hinsch	Board of Membership & Evangelism
Kathy Demmer	Board of Parish Activities
Larry Dobson	Board of Christian Education
Sarah Fredrickson	Board of Stewardship
Larry O'Malley	Board of Worship, Music & Art
Ben Nelson	Youth Representative

**SAVE THE DATE!** On Tuesday, February 13, we will celebrate Shrove Tuesday, also known as “Fat Tuesday” or Pancake Day. It is the last day of Epiphany before Lent begins the next day, Ash Wednesday. Historically, it is a day of feasting before the coming Lenten fast. Tradition holds that typically pancakes are served as a way for people to use up their supply of milk, butter and eggs before the Lenten fast. So join us for FREE pancakes and sausage at 9:30 a.m. in the fellowship hall (after exercise class). Please email Pr. Kristen at [kanderson@trinityhayfield.com](mailto:kanderson@trinityhayfield.com) and RSVP if you plan on coming so that we can plan the food accordingly.

**ASH WEDNESDAY WORSHIP:** (with Holy Communion and the Imposition of Ashes) on Wednesday, February 14 at 6:30 p.m. in the sanctuary.



### **Join Us! Ski Outing for Grades 8-12**

Youth in grades 8-12, join a Trinity group to ski at Mt. Kato on Presidents' Day Weekend! This is Sunday, February 18, approximately 12:30-10 p.m. Total cost is a group rate of \$25 for lift ticket, \$22 for ski rental, and \$4 for helmet rental. See full information and SIGNUP SHEET on youth bulletin board in office/education wing entryway (off drive-through). The special group rate is available only to those signing up and riding via Trinity-arranged transportation. Signup, payment, and required forms are due by Wednesday, February 14. We need a minimum of 15 skiers for the group rate. As we no longer have the Trinity bus, we will need drivers.

### **Alert: High School Youth Will Be Seeking Your Garage Sale Items**

If you've been making room for new Christmas gifts by sorting and discarding existing items in your home, Trinity's youth would love to have those items in May for a garage sale the weekend of the city-wide garage sales.

### **For High School Youth**

High school students, grades 9-12, besides the February 18 ski trip, save the following dates for spring monthly events: March 3--escape room in Rochester and April 13-14--lockin.

Youth Group meets Wednesdays at 6:30 p.m. for students in grades 10-12. (Those in 9th grade are welcome to join any Wednesday at 7:30 after confirmation.)



**FEBRUARY 4, 2024  
FIFTH SUNDAY  
AFTER EPIPHANY**



*Jesus' followers are sent to serve.*

### **DAILY BIBLE READINGS**

These passages are related to the Lectionary texts for this Sunday.

<b>Sunday</b>	<b>Mark 1:29-39</b>	<b>Jesus heals many people</b>
<b>Monday</b>	<b>Isaiah 40:21-31</b>	<b>The Lord gives strength</b>
<b>Tuesday</b>	<b>1 Corinthians 9:16-23</b>	<b>For the sake of the gospel</b>
<b>Wednesday</b>	<b>1 Timothy 1:12-17</b>	<b>Gratitude for mercy</b>
<b>Thursday</b>	<b>Joshua 22:1-6</b>	<b>The eastern tribes return</b>
<b>Friday</b>	<b>Acts 20:25-35</b>	<b>Paul speaks to the elders</b>
<b>Saturday</b>	<b>Psalm 147:1-11, 20c</b>	<b>Praise the Lord</b>
<b>Sunday</b>	<b>Mark 9:2-9</b>	<b>Transfiguration of Jesus</b>

### **SCRIPTURE VERSE FOR THIS WEEK**

*He [Jesus] came and took her [Simon Peter's mother-in-law] by the hand and lifted her up. Then the fever left her, and she began to serve them.*

**Mark 1:31 (NRSV)**

### **PRAYERS AND BLESSING**

#### **A Prayer for the Week:**

Almighty and living God, we give you thanks and praise for raising us up to a new life to worship you and serve others with joy through Jesus Christ our Lord. Amen.

#### **Mealtime Prayer:**

Lord, you feed the animals and even the young ravens. We thank you for nurturing us with your presence in Jesus and for this meal today. Amen. (Psalm 147)

#### **A Blessing to Give:**

May God bless you with the joy of service.



**FEBRUARY 4, 2024**

**HYMN OF THE WEEK**

*The Spirit Sends Us  
Forth to Serve*



taking   
faith  
home

**WEEKLY MILESTONES**

Take a moment to tell or think about a recent mountain high and/or valley low in your life.

**CARING CONVERSATIONS**



Discuss in your home, small group, or use for personal reflections:

- Describe someone you know who likes to serve others.
- A disciple's life is one of service. How is this important to the good news of Jesus?

**DEVOTIONS**



*Read:* Mark 1:29-39.

Jesus heals Simon Peter's mother-in-law from an illness, a condition possibly approaching death. There is a clear association with the resurrection in this reading. This woman, whose name is not given, is touched by Jesus, lifted up, and begins to serve. This is a description of discipleship of all the unnamed followers of Jesus throughout history: touched and healed by Jesus, given new life, and sent out to serve. There is no hesitation about her calling; as a disciple, she serves. Other references to serve are found in Mark 1:13 when the angels of God served Jesus in the wilderness, and again in Mark 10:45, Jesus as the Son of Man came to serve. Service is the life of a follower of Jesus. It is not a burden. It is the great joy of life. Those who think the "good life" is to be served by others miss the point of the "gospel life" of Jesus. The joy of living is the ability to use whatever gifts one may have to bless others with service. *Discuss:* In what ways have you experienced joy when serving others?

*Pray:* **Living God, help us to see and believe that the life worth living is a life of service that brings peace, joy, and your saving grace through Jesus Christ, our great healer. Amen.**

**SERVICE**



Jesus calls us to serve our neighbor in love. Based on the Daily Bible Readings and theme for this week, how can you bring Jesus' healing touch to someone in need?

**RITUALS AND TRADITIONS**



Isaiah 40:21-31 expresses great joy at the saving presence of God in the lives of the exiles, those who have felt abandoned and imprisoned by others. Write a list of names of those you know who are experiencing difficult times.

*Pray:* **Lord God, help (read list of names) feel your presence and know that those who wait for the Lord shall renew their strength, they shall mount up with wings like eagles, they shall run and not be weary, they shall walk and not faint. In Jesus' name, amen. (Isaiah 40:31)**



In addition to *Taking Faith Home*, celebrate milestones in your daily life as an effective faith formation tool. Go to: [www.milestonesministry.org](http://www.milestonesministry.org)

## THIS WEEK AT TRINITY

- Sun 4**      **9:00am** Worship—Communion  
**10:00am** Sunday School
- 7:00pm** AA meeting
- Tues 6**     **8:30am** SAIL Exercise Class  
**10:00am** **NO** Bible Study
- Wed 7**     **3:00pm** WASS  
**5:00pm** Wednesday Supper  
**6:30pm** Youth Group  
**6:30pm** Confirmation
- Thurs 8**    **8:00am** SAIL Exercise Class  
**9:00am** Quilting
- Sun 11**     **9:00am** Worship  
**10:00am** Sunday School  
**11:00am** **NO** Youth Board

### December 2023 Finances

Dec. Offering Income	\$ 47,556.74
Dec. Budgeted Expense	<u>39,698.12</u>
	\$ 7,858.62

Difference:

2023 Year-to-date Income	\$338,006.19
2023 Year-to-date Expense	<u>317,102.81</u>
Difference	\$ 20,903.38

### Prayer Concerns

**For strength and healing:** Harold Buck, Russell Boullion, Wayne Johnson, Pastor Bagne, Skeeter and Shirley Miner, Joan Christians and Cody Hegna.

**Our sympathy** to Karen Severson and her family on the death of her brother, Larry Hansen.

PLEASE CALL OR EMAIL THE CHURCH OFFICE IF YOU OR A MEMBER IS HOSPITALIZED

Trinity Lutheran Church  
(507) 477-2248  
[www.trinityhayfield.com](http://www.trinityhayfield.com)

#### Pastor

Rev. Kristen Anderson (320) 290-1625  
[kanderson@trinityhayfield.com](mailto:kanderson@trinityhayfield.com)

#### Director of Christian Education

Denise Phillippe (507) 477-2248  
[dphillippe@trinityhayfield.com](mailto:dphillippe@trinityhayfield.com)

#### Financial Secretary

Cathy Tjepkes (507) 477-2248  
[churchoffice@trinityhayfield.com](mailto:churchoffice@trinityhayfield.com)

#### Administrative Secretary

Judy Follmuth (507) 477-2248  
[churchoffice@trinityhayfield.com](mailto:churchoffice@trinityhayfield.com)

#### Custodian

Corey Wagner (507) 477-2248  
[riverrat35gator@gmail.com](mailto:riverrat35gator@gmail.com)

#### Youth Coordinator

Elizabeth Klocke (507) 259-4652  
[klockeelizabeth@gmail.com](mailto:klockeelizabeth@gmail.com)

#### Church Office Hours

Monday thru Thursday 8:00 am to 2:00 pm